



NEWSLETTER



July 2016

Editor's Bit

Busy, busy, busy! That's the feeling I get after seeing the Lancashire members' ride reports and photos on social media and the websites over recent weeks. I hope the season is going well for everyone and it is as fun as it looks in all these photos.

Once again, thanks goes to contributors in this June/July issue; with Windsor reports, charity news and merchandise updates, we have another jam packed newsletter. If you have anything you would like to put forward for the next issue in September, feel free to email it over to me on s.g.crabtree@icloud.com

#loveendurance

Other than new rides being added, make a note that there has only been one change to the planned ride dates since our last newsletter; Ashdown Forest will now run on Sunday 17th July 2016. All classes remain as per the published schedule.

Finally, a quick reminder that ENDURANCE GB will be running the Inter-Regional Team Championship at TOPSPEC LINDUM SPIRIT this year on the 4th, 5th and 6th August, check out the Lindum Spirit Ride website or Endurance Gb website for more information.

Take care everyone, have a great summer season.
Susy Crabtree/Rossi

From the Chair

Hi All - Hope you are all enjoying the new season. By all accounts some of you are doing very well and I believe the novice category in particular is highly contended again this season - that's great news, really encouraging as it can only mean more newcomer rider and/or horse combinations are adding to our competitive numbers. Keep at it everyone!

Still talking competitive riders, I hope you all received the invitation from national to put your name forward for the English team at the Home International competition in Ireland on 10th & 11th September 2106. Don't be shy if you feel you would like to have a go, put your name forward as there is nothing to lose, particularly if you are a novice combination. If you are interested then please email Maggie Pattinson, maggie@onthehoofdt.co.uk, giving a brief history of yourself, equine partner and any crew (not an absolute necessity to have a crew) and why you want to represent your Nation?

In Lancashire we have had quite a number of group rides already, with plenty more on the fixture list. The Ulmes Walton Wander competitive ride was again very successful and being once more very lucky with the weather. We had the best turnout yet with more than 70 entries, having a good mix of competitive and non-competitive entrants. I would like to thank all our members who helped make it flourish by entering, but particularly to thank our merry band of helpers who willingly gave up their time on the day to make it so successful.

As I write this we have Pickup Bank Blast rapidly approaching, to which I hope you have all put your entries in. I know many of you are also looking forward to The West Yorkshire Challenge and I am sure many of you are planning on heading off to The Lindum with its new date now in August - always a good one not to be missed. The Rio theme sounds quite intriguing- can't wait to hear what some of you end up wearing to satisfy those requirements ha!

We have quite a few articles for you in this issue, but please remember to keep them coming in to our Newsletter editor. I know many of our members add things to Facebook and like to keep everyone informed and updated by that route, but it does make it a bit more special if you can manage to write a slight longer and more informative article to be included in the newsletter.

Anyway on that note I will leave you to it. Hope you are all having fun, and successfully completing the rides you have planned. Hope to see you out there soon.

Regards

Sue

Young Rider Information

Izzy Wilson

Endurance GB Young Riders Camp

Aug 14th to Aug 19th

Camp is a fun and informative week to build your skills and knowledge of Endurance. The planning has already begun for a range of activities throughout the week including ridden activities, expert speakers, demonstrations, ridden instruction and team building games.

Camp is open to all full EGB junior and young riders aged 12-21.

Contact youngriders@endurancegb.co.uk for more info.

Pony Club and Endurance GB Club Membership

Club membership is an opportunity for Pony Club members to enjoy the sport of endurance riding.

Club membership allows riders to enter a novice Graded Endurance Ride (GER) of up to 40km at members' rates.

This allows club members to experience their horse being vetted, be able to see what speed must be achieved, and see how their horse copes with the distances.

Pony Club Endurance Championships

The Endurance Championships 2016 will be held on Sunday 16th October at Campbell Park, Central Milton Keynes. The Organiser of the event is Nikki Parsler with the help of The Whaddon Chase Pony Club Branch and The Cromwell Group of EGB.

Lancashire Merchandise



Happy Horse Equestrian Printing and Embroidery are supplying a range of merchandise items for Lancashire members to purchase. Wear your logo with pride and support Lancashire EGB! To make it easy to represent the Lancashire Group there are three options. You can buy all new kit embroidered with our Lancashire logo or stitch your own by purchasing a ready made patch, or just send your kit off to have the logo, horse, rider and team name embroidered on by the Happy Horse Team. To see the full range of merchandise available and prices for the three services, please visit the Lancashire Group website or contact Linda Cowperthwaite.

Here are just a few examples of what we have on offer:

Navy Shires Fitted Gilet with embroidered logo: £37.50

'Lancashire Red' Pull String Hoodie with embroidered logo: £19.00

Black Fleece Rug with silver binding and 2 x embroidered logos: £35.00

Ride Reports



Piethorn Ride: Lancashire Group Sunday 22nd May 2016

A big thank you to Sarah Bamber, Nicky Clark and all your helpers for the very well organised Piethorn Pleasure Ride, weather was good and the views and markings were fantastic.



**Croal Ride: Lancashire Group
Sunday April 10th 2016**

A great day and the weather was good, thanks to Cath and Jamie Houghton for organising this ride. It's a great ride with little road; one for the future.

Photos are available at www.whatapicture.biz.

**Ulnes Walton Wander: Lancashire Group
Sunday 24th April 2016**

A big thanks to Sue Taylor Green and her helpers. The weather was great for April and the ride went smoothly. There were lots of good grades and happy riders.

Photos are available at www.whatapicture.biz.



Lancashire member Jackie Lloyd leaving the Vet Hold at Royal Windsor Endurance with Khalifa BJ.

**Royal Windsor Endurance
Friday 13th May 2016
Report by Jackie Lloyd, Lloyd Endurance.**

Royal Windsor- The Ride of My Life!

It all begins several months earlier of course: riding 120k at Royal Windsor doesn't just happen with a ride entry a couple of weeks before the event. It takes months of planning and preparation: fitness training, weight training, saddle checks, rider preparation, crew selection, equipment checks, travel plans, ride strategy. The tension and anticipation mounted as the last few days before the ride approached. I checked and double checked all our preparations and often woke in the night with something on my mind. It was a big ask for such a young horse but I knew he was ready to do the distance, although the razzamatazz and hype, the racing start with 60 or more horses, the electronic tagging and transponders, the huge heart rate monitors the size of a large iron on his side, the canopies, the white fenced trot up lanes, flags and sentry boxes, I wasn't so sure about! We even tied a flat lead rope with a large heavy knot around Khalifa's neck every day he came into his stable for a week to mock up the transponder he would have to wear.

Then Departure Day arrived, not without a concern or two, given that the Royal Windsor Horse Show had been cancelled the day before due to wet ground conditions and rumours were rife about the condition of our temporary stables in The Great Park being water-logged! As we left at 5am on the Thursday morning we were still uncertain where we

were to report to on arrival. Then came the email en route, to advise that all competitors were to report to no other than Royal Ascot Stables. How exciting! Khalifa was to be stabled in those famous stalls where the great and the good in Racing History had stood before him... and tomorrow he would race on the hallowed turf of Royal Ascot Racecourse itself!

We were finally moved to the stabling in The Great Park late that afternoon and settled Khalifa in. Then followed the frantic dash to set up the vet gate, load the crew car, acquire bibs and paperwork, attend the pre ride briefing, weigh in and of course, pass the pre-ride veterinary check and trot up, all before stables closed at 7.30!

Needless to say my night's sleep was restless and I rose at 3.45 to be at the stables for 4.45 to feed, groom and plait up. The massed start for the race was 7am so we needed to be tacked up, mounted and warming up by around 6.30. The morning dawned crisp and breezy, a little chilly but with the promise of sunshine later in the day. There was some apprehension as I climbed aboard, the strong wind was playing havoc with the flags lining the route of the start line, rattling, pinging, flapping and fluttering very loudly like a ship's sails... and Khalifa hadn't been happy about them yesterday!

Most of the Brits had said they were planning to start out steady at the back of the group, so I decided to follow suit. Khalifa was excitable when I started to warm up on our own, when Harry Ingram rode over and suggested we warmed up together, and immediately

Khalifa relaxed and I knew the flags weren't going to be a problem.
Thank you Harry!

The loud speaker counted us down and off the start line, exciting and tense, my heart pounding in my boots... and we were off. Straight away Khalifa set to his work. He knows his job well and knew exactly what to do. I couldn't quite believe my boy was here, doing this class and behaving like an absolute pro. I was bursting with pride at that moment. We barely cantered that first loop as he has such a ranging extended trot that he covered the ground effortlessly and at a good speed, and I didn't want to ride too fast so early in the ride. Then we reached Royal Ascot Racecourse and I felt my heart miss a beat. It was an iconic sight in the sunshine.... and then we stepped onto that hallowed turf. I have to admit I gulped and fought back the tears of emotion, pride and sheer excitement at what we were about to do. I asked lightly for canter and we bowled around that fabulous track with a handful of horses behind us... and it was a moment to remember forever! What an experience! I felt so very proud.

We passed through the second and third loops without incident. Khalifa was impeccable, getting on with his job calmly and with great enthusiasm. He didn't show any signs of tiredness or unhappiness whatsoever. We had slightly increased our speed on each loop, riding the textbook ride. So far so good. We passed each of the vet inspections, loop 1, loop 2 and loop 3, and with great presentation times throughout. He drank at every opportunity we gave him and ate everything we put before him in the vet holds. He left the venue after

each hold alone and in canter, full of enthusiasm. He quite simply performed perfectly. I knew for sure that he was keen and had plenty of energy to complete the last loop ... and I walked to the compulsory re-inspection fifteen minutes before going out on the final loop without a grain of concern ... and then came those dreaded words "We'd like to see him trot again please"... and that was it, ever so slightly stiff, thus making for a "lame" judgment call. Race over. I should have been disappointed, I should have been dashed, but I wasn't. I was simply overwhelmed with admiration for all that he had achieved. He didn't put a foot wrong all day, looked amazing and gave me the ride of my life, never once refusing, misbehaving or faltering. I was honoured to be his rider and proud to call him mine. Khalifa BJ I salute you. You gave me a memory that will last forever, an experience of a lifetime, and I know we will be back, together, as a partnership, you and I, for many more rides to come. What a truly fantastic sport this discipline of Endurance is!

Finally, I'd like to say a monumental thank you to everyone who made this ride possible: to the organisers, to my crew, to my family at home, to my sponsors, to all those behind the scenes ... You know who you are! Thank you, thank you, thank you!

Members' News

Echo in Africa

Lancashire member Maxine Lang is planning to visit Cape Town in South Africa as part of the Echo in Africa humanitarian project where they aim to help children with potentially life-threatening heart conditions. They will head to Cape Town in October with other volunteers from the project and will spend two weeks working with children of all ages.

Maxine, an Echocardiography Service Manager, has been to Africa with the project on previous occasions. Echocardiography is a painless test that uses sound waves to create moving pictures of the heart. The pictures show the size and shape of the heart. They also show how well the heart's chambers and valves are working.

Maxine, who is from Over Wyre, said: "The project is for kids from the Townships who may have rheumatic heart disease.

It is very common in the area - it's not something you tend to see in England these days as living conditions have improved. The children live in shacks that don't necessarily have running water or electricity and they have limited access to health care facilities."

Maxine explained: "In the first year we saw 2,000 children. The hospital provides treatment and a follow up service for the children with diagnosed and suspected heart disease.

"We help raise money to get them to the hospital. We see 20 children during a session. While 10 are being scanned the other 10 are in

lectures about health and their hearts. Then they swap over and when they go home they get a packed lunch.”

She said: “The children are lovely - they really are super. ”

To find out more about the Echo in Africa project, to look into taking part or to make a donation, visit the website:

www.echoinfrica.org



EGB News

Home International Competition

Your Nation Needs You!

Each year England takes a Squad of 12 riders and horses at every level, supported by a great management team of Vet, Physio and Chef d'Equipe. This year's competition is hosted by Ireland at the St Patricks Coastal Ride, 10th and 11th September. The last trip to Ireland was a Winner for England, do you want to make another victory for team England?

Here are the combinations needed:

2 x 160 km CER (2 days)

2 x 120 km (day 1 80 CER/ day 2 40 GER)

2 x 80 km CER

2 x 80 km GER (2 Day)

2 x 50 km GER - Junior

2 x 40km GER - Novice Horse and Rider (in first season of EGB competition)

If you are interested please email maggie@onthehoofdt.co.uk

Send a brief history of yourself, equine partner and any crew (not an absolute necessity to have a crew) and why you want to represent your Nation at this year's Home International.

Please don't think you might not be good enough - you might just be!
This is a competition and opportunity for everyone - don't delay the Squad will be selected by mid-July.

Local Area Rides

Sunday 3rd July 2016.

Pickup Bank Blast Lancashire Group. Please Note Steep slope on this ride is now replaced with grassy track bridleway.

Pleasure Ride

Enquiries Sam Parkinson 07715 754039

Entries to Jenny Peacock Moorgate Cottage, Pickup Bank, Darwen, BB3 3QQ 07825 370186. jens_just_here@hotmail.com

Sunday 10 July 2016

SEABA Bridleways: Marple, Stockport 10 mile/18 mile

Entries to: SEABA Ride, Debbi Hall, 16 Botany Road, Woodley, Stockport, SK6 1RA 07505 104 570. debbihall@ntlworld.com

Saturday & Sunday 16th & 17th July 2016

Breaks Fold, Harrogate 'War of the Roses' Ride

For more information please visit West Riding Group website:- <http://waroftherosesegb.webs.com/>

Sunday 24th July 2016

Peover Pleasure ride

For more information please visit Cheshire Group website:- <http://www.endurancegbcheshire.co.uk/>

Sunday 7th August 2016

Hexhamshire Trophy Ride, Hexham

For more information please visit Northumberland and Tyneside Group website:- <http://www.northumberlandandtynesideegb.co.uk/>

Saturday 13th August 2016

Waterside Parishes Lancashire Social and Charity Ride

Entries To:- Angela Leadbetter Redroofs, Lancaster Rd, Preesall, Poulton-le-Fylde FY6 0HN. 01253 810305, 07936240553, angela.leadbetter@talktalk.net

Sunday 28th August 2016

Peover Pleasure ride

For more information please visit Cheshire Group website:- <http://www.enduranceegbcheshire.co.uk/>

Saturday & Sunday 3rd & 4th September 2016

Cumbria Challenge Ride

For more information please visit Cumbria Group website:- <http://www.enduranceegbcumbria.co.uk/>

Sunday 11th September 2016

Medlock Valley Pleasure Ride Lancashire Group.

Entries to:- Jenny Rand, 41 Parkway, Greave, Rochdale OL11 5EE
tel:07729655634

Enquiries to Jean Merchant 07814630999

Saturday 24th September 2016

Barton Ride. Lancashire Group.

Entries to:- Maxine Braithwaite. 33a Rainhall Rd, Barnoldswick, Lancs BB1 85DR.

Enquiries to :- Janet Bebbington on 01995 670887

jbebbington@btinternet.com.

Saturday 8th October 2016

Formby Pleasure Ride Lancashire Group.

Entries to:- Glenda Griffin Home Farm, George's Lane, Banks, Southport, PR9 8HD 07714753576 for Poster/Ride

email g.q135lark@hotmail.com

Enquiries to:- Jean Merchant 07814630999.

Saturday 15th October 2016

Delamere/Pleasure ride. (To Be Confirmed).

For more information please visit Cheshire Group

website:-<http://www.endurancegbcheshire.co.uk/>

Sunday 23rd October 2016

Croal Irwell Valley. Lancashire Group.

Entries to:- Cath Houghton 2 Hedgerows Rd, Leyland, Lancs PR25 3JZ

Enquiries to:- Cath Houghton 07570 880233

cathrynhoughton@gmail.com

Sunday 30th October 2016

Halloween Ride. Ulnes Walton Bridleways Ride.

Entries to:- Sue Taylor-Green, Nursery Cottage, Ulnes Walton Lane, Leyland Lancashire. PR26 8LU 01772 436043

suetaylorgreen@hotmail.com

**Please contact Patricia Kelly 07734385108 or
patjkelly@hotmail.co.uk for any additions or amendments.**

Please contact the Ride Organisers directly for all queries about their ride, including the Ride Distances on offer at the ride. It is simplest to email the Ride Organiser. Email addresses are listed below where possible. If you need to phone Ride Organisers, please do so during sociable hours. Between 9am and 9pm.

N.B. More rides to be added later, potential Ride Organisers please remember to complete Social/Charity Ride Proposal Form to book your date!

DISCLAIMER ANY COMMENTS MADE IN LETTERS RECEIVED FOR INCLUSION IN THIS NEWSLETTER ARE NOT NECESSARILY THE VIEWS OF THE EDITOR OR MEMBERS OF THE EGB LANCASHIRE GROUP COMMITTEE

You are welcome to contact any of the committee but if your query is specific to one of the listed roles, then we suggest you contact the appropriate Committee Member, in the first instance.

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